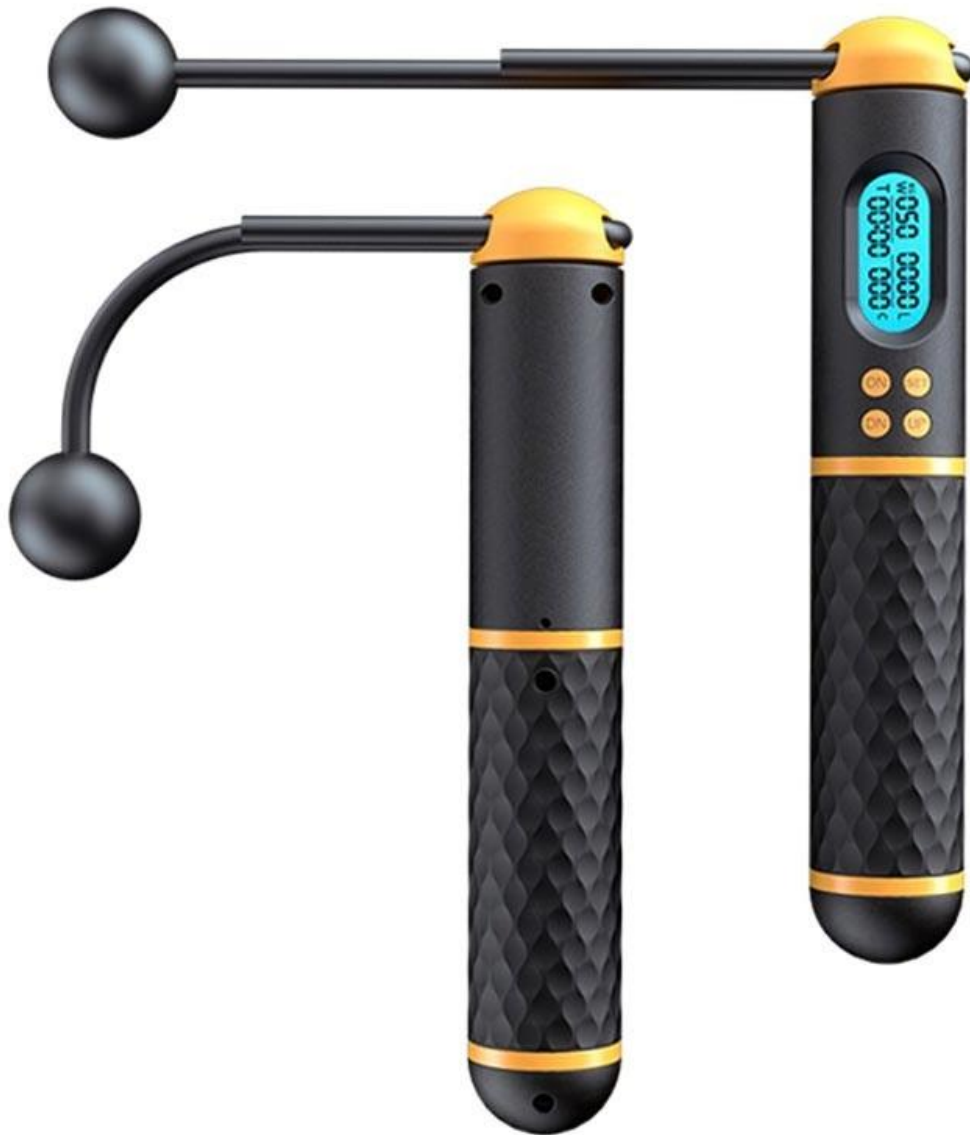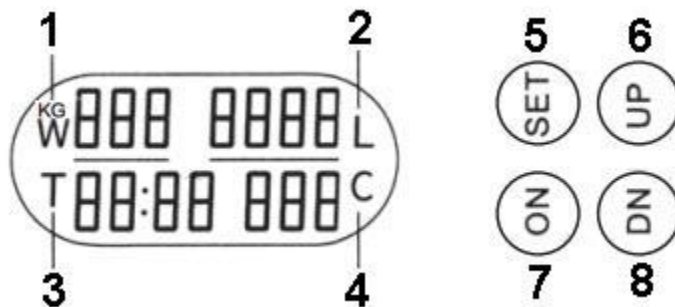# 2-in-1 Smart Cordless Skipping Rope with Digital Counter

Specifications:
- With LCD display
- Rope length: approx 3m
- Ball rope length: approx. 25cm
- Handle size: 17cm
- With button battery

Display:
1. W - set your body weight, default is 50kg (settable range: 20-110kg)
2. L - loop counter (settable range 0-9999)
- You can set the target loop, when the counter reaches the target loops, the alarm will sound for 10sec.
3. T - timer/countdown timer
- Timer - you can set a maximum of 59min and 59sec, the positive timer doesn't have an alarm function.
- Countdown timer - you can set a maximum 60min and a minimum 1min, when the countdown time expires, the alarm will sound for 10sec.
4. C - calories (measurement range 0-999)

Buttons:
5. SET - setting button
6. UP - when entering the setting mode, the value is increased
7. ON - power on button
8. DN - when entering the setting mode, the value is down

Click the ON key to turn on the counter, press and hold for 2sec to clear the value, and return to the initial value of power-on except weight. Press and hold the SET button for 2sec to enter the weight setting, then press SET to enter countdown setting, and then press SET to enter the target loop setting.

Weight setting:

- Press and hold the SET button for 2sec to enter the weight setting, then the weight field value starts to flash, use the UP & DN button to adjust to your weight, and then press the SET key to complete the setting. (Automatically go to the time setting, the time value flash)

Time setting:

- When the time value flashes, use the UP & DN button to adjust the time you expect to use, and press the SET key to complete the setting.

Loop target setting:

- When the count value is 0, use the UP & DN button to adjust to the number of loops you expect to use, press the SET key to complete the setting.